

Probability as a Linear Constant

The single mental shift that separates traders who survive from traders who don't. Probability does not change trade-to-trade. Internalise that, and the losing streaks stop owning you.

A coin lands heads next flip regardless of the last three flips. Your trading edge works the same way — but most traders refuse to act like they believe it.

The mistake everyone makes

You have a system with a 50% win rate at 1:2 risk-reward. You take three trades in a row. They all lose. Your brain does this:

- "This system isn't working."
- "I should reduce risk on the next one."
- "Maybe I should skip the next signal."
- "Let me tweak the entry trigger."

All four reactions are the same error: **treating probability as a moving number**. The system that gave you those three losses is the same system that will give you the next setup. Nothing about the probability of the next trade changed because of the last three.

The maths that proves it

A 50% win-rate system has a ~12.5% chance of producing 3 losses in a row at any given point. Over 100 trades, you will see a streak of 6 losses with high probability. That's not failure. That's the distribution doing what distributions do.

$P(6 \text{ losses in } 100 \text{ trades at } 50\% \text{ WR}) \approx 95\%$

What the maths means in practice

1. A losing streak does NOT mean the edge broke.
2. A winning streak does NOT mean the edge improved.
3. Adjusting risk based on recent streaks DESTROYS expected value.
4. Sample size is the only thing that gives you signal. Anything under 100 trades is noise.

The mechanical mindset

Linear distribution example

A 50/50 system over 50 trades, every outcome counted:

Window	Wins	Losses	Hit rate
Trade 1–10	3	7	30%
Trade 11–20	7	3	70%
Trade 21–30	4	6	40%
Trade 31–40	6	4	60%
Trade 41–50	5	5	50%
Total	25	25	50%

Each 10-trade block looks volatile (30%–70%). The 50-trade total is exactly 50% — the underlying probability.

Behaviours that prove you don't believe it

- Cutting risk after a losing streak.
- Doubling risk after a winning streak.
- Skipping a valid signal because the last one lost.
- Changing strategy after fewer than 100 trades.
- "Tweaking" the entry trigger every week.

The replacement framing

Every trade is a sample from the same distribution. Your job is to execute the same rules every time so the distribution can express itself over the sample size. PnL is the lagging output of process discipline. Don't optimise for individual trades. Optimise for adherence to the system.

Become a mechanical trader

Your job is to **execute the same rules every time** so the distribution can play out. A systematic rule set gives consistent outcomes *no matter how you feel*— feelings are the variable you remove, not the one you trade on.

Probability over outcomes

One trade never dictates success. Straying from a proven rule set after a single loss is the real damage — it wrecks the mindset and starts the **alpha decay** that quietly kills the edge.

The mental blocks to watch for

- **Revenge** — sizing up to "win it back" after a loss.
- **Fear** — skipping the next valid signal because the last one lost.
- **Overconfidence** — pressing risk after a hot streak.

From the Orion Path videos: *Mastering Your Mindset* · *Master Your Emotions*: *Become a Mechanical Trader* · *Trading Thoughts Ep3 — Mental Blocks*.

If you remember nothing else

1. Probability does not change trade-to-trade.
2. Losing streaks are statistically expected, not strategically meaningful.
3. Sample size below 100 trades is noise. Above 100, it's signal.
4. Adjusting risk based on recent results destroys expected value.
5. The trade in front of you and the trade three weeks ago have the same probability. Trade it the same.